

Antenatal care



Minor discomfort during pregnancy

Warning signs during first trimester

During the antenatal period, recognizing warning signs of pregnancy is essential to ensure the health and safety of both the mother and baby. If any of these symptoms arise, seeking immediate medical attention is crucial. Let's break them down!

**1****High fever more than 38°C****2****Excessive nausea and vomiting****3****Abdominal cramps****4****Pain or burning during urination****5****Calf pain or swelling in one side****6****Vaginal discharge and itching****7****Fluid leaking from vagina**

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2025

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Warning signs during second trimester

During the antenatal period, recognizing warning signs of pregnancy is essential to ensure the health and safety of both the mother and baby. If any of these symptoms arise, seeking immediate medical attention is crucial. Let's break them down!

**1****High blood pressure****2****Increase vaginal discharge****3****Flowing out amniotic fluid from vagina****4****Major swelling or puffiness of face and hand****5****Decrease fetal movement****6****Bleeding****7****Proteinuria**

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Warning signs during third trimester

During the antenatal period, recognizing warning signs of pregnancy is essential to ensure the health and safety of both the mother and baby. If any of these symptoms arise, seeking immediate medical attention is crucial. Let's break them down!



- 1** Continuous or severe abdominal pain
- 2** Regular contraction or tightening of uterus before 36 weeks
- 3** Blurred vision with headache
- 4** Vaginal bleeding
- 5** Sudden increase in vaginal discharge
- 6** Major decrease in baby movement
- 7** Vomiting that doesn't get worse
- 8** Fever, fast and difficult breathing